# How do you know that limiting beliefs are causing havoc in your life?

If you do feel that you don't deserve some things in life?

Do you doubt your own abilities when you do something that isn't part of your usual routine?

Are you secretly afraid of change because you feel that survival would be hard after?

Do you feel that you are somehow inferior compared to your colleagues or peers?

Are you afraid of sharing your own ideas because they might be rejected? Do you doubt your own skills and abilities and refuse to use them when the opportunity arises for you to showcase your own capabilities? Are you watching your contemporaries rise to the top while you are still near the bottom, still 'not ready' for the big time? Do you have trouble trusting those around you?

### We Have The Solution To All These!

Limiting belief is form by negative past experience. It always attach with negative emotion. As a result you do not enjoy living and you feel that your life is **unfulfilled**, **unhappy** and **unsuccessful**.

This workshop helps to open up your mind to enhance positive mind-set and reorganize your life.

We give you an opportunity to arm yourself with the appropriate tools, skill sets or method to neutralize or to the extend eliminating self limiting beliefs, negative experiences and emotions. Providing positive concepts for you to lead a more meaningful life with purposes.

If you answered yes to any of these questions, then it is confirmed: **you are a victim of limiting beliefs.** 



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#### **Testimonials**





I have gain more success and growth after attending Delvin's training session. I used what I have learned to improve my career, my relationship with people and have witness progress in my life! I would highly recommend Delvin to others who needs to find internal strength within!

Yours sincerely Stella Tan Human Resource Manager in Construction Company

Having attended Delvin's training I've a much better understand of my potential and ability of understand relationship between family, friends and colleagues.I strongly recommend Delvin to people from all walks of life to better improve their life!

Your sincerely Linda Lim



## Register now and attend for FREE! @ delvinleck@yahoo.com.sg

Date :

Time :

Venue :

**Only Seats** available on first-come, first-serve basis